

The First Impression Test - First Date

How to decode a first impression of a guy to determine if he's boyfriend-material

You've spent a bit of time getting to know a guy through e-mails, text messages and a phone call or two, and you think you're finally ready to meet in person. Perhaps you've already picked up a few good vibes from these conversations, but only a face-to-face experience will determine if there are any sparks of chemistry. Before you meet a guy and lose yourself in a pheromone-induced fantasy that "he's 'the one!'" there are some important clues you should look out for! Here are some questions about your first date that will help you determine if he's relationship-worthy.

1. **Does he take initiative to plan where to meet?** (yes = +2, no = -2) If he leaves everything up to you to decide, it could be a sign that he's lazy and will probably not put in much effort to win your heart.
2. **Does he show up on time for the date?** (yes = +2, no, but he calls or texts with his new ETA = -2, no, and showed up late [more than 10 minutes] and didn't give you any warning = -4) Even with excuses, a guy who's late shows early signs of disrespect. *Reminder: a guy who's "into you" will cancel all other plans, or tell give his boss an excuse (not you) so that he can show up to your date on time.*
3. **Is he polite to you, service people, and others in general?** (yes = +2, no = -2) Anyone can be "nice" to their date in order to impress, but if they are rude to other people they aren't trying to impress, it's a major red flag!
4. **Does he seem irritable about service, send food back, or complain?** (yes = -2, no = +2) If he can't control negative thoughts-- even for a first impression, he may have issues with anger management, or be a control freak.
5. **Is he open and forthcoming about revealing information about himself?** (yes = +2, no = -2) If he seems vague with answers, changes the focus back onto you, or clams up, it could mean he's trying hard to hide something, and that can be a warning sign.
6. **Does he bring up the subject of sex?** (yes = -2, no = +2) It could be a humorous reference as a joke, but any guy who dives into talking about sex, favorite positions or history, it's a bad omen of where he's going (with his intentions).
7. **Does he keep good eye contact with you?** (yes = +2, no = -2) Staring at you is just as bad, but a guy who can't focus his attention on you is not a good sign-- especially if his eyes peer over at any woman that passes by.
8. **Does he enter your "personal space boundary" (about 2 feet around your body) without you offering any clues about your attraction toward him?** (yes = -2, no = +2) Getting too close on a first meeting is really kind of rude, even if you think you're attracted to him. He should be focused on getting close to you mentally, not physically, on the first date.

9. **Do you sense he's staring at your body, or does he compliment your appearance more than once to the exclusion of any other compliments?** (yes = -2, no = +2) If it seems to you that he's focusing too much on your appearance, it could be a sign that he's just interested in a physical relationship.
10. **Does he pay for the entire date?** (yes = +2, no = -2) A gentleman won't accept you paying or going Dutch. If he says he forgot his wallet and promises to catch the bill next time-- he immediately fails *any* boyfriend test!
11. **Does he mention any future plans for seeing you again?** (yes = +2, no = -2) If he decides that he likes you, he will be making plans to see you again even before the date is over.
12. **Does he try to kiss you, whether or not it's welcome?** (yes = -2, no = +2) Now, you might want to jump him, but if you're looking for boyfriend material, hold off on getting physical!

Did your first date score anywhere above 16 points? Not bad! He could just be a good catch. If he scored between 10 and 14 points, you should keep a close eye on his every move-- like a hawk. If he scored less than 10, he might just be looking for a purely casual and physical relationship, or he has a lot to learn about dating etiquette (or perhaps he should see a therapist). If your date already made plans to see you again while you were on your first-- that's awesome! He is *really* into you, and not afraid to show it. You're sexy, and he knows it!